

January 2002

January 2002							February 2002						
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27	28	29	30	31			24	25	26	27	28		

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
	January 1, 02	2	3	4	5
	5:30pm Water Fitness at the Physical Fitness Ctr. For info. call 532-2848. (Physical) 6:00pm Tuesday Night Bingo, for more information call 532-3892 or 532-	6:30pm Ballroom Dance Classes for more information call 532-3077. (Community Center)	5:30pm Water Fitness at the Physical Fitness Ctr. For info. call 532-2848. (Physical) 6:30pm Okinawa Kenpo Style Karate for more information call 532-		6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
7	8	9	10	11	12
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical) 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
14	15	16	17	18	19
11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	9:00am In, Around & About NJ For more info. call 11:45am Aerobic Class at the 3:45pm Swimming Class at 5:30pm Golf Town Hall 5:30pm Water Fitness at the 6:30pm Okinawa Kenpo Style	9:00am In, Around & About NJ For more info. call 11:30am Employee of the Quarter Luncheon for 11:45am Aerobic Class at the 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
21	22	23	24	25	26
11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 12:00pm Identify Theft Seminar For more info. call 53 3:45pm Swimming Class at 5:30pm Water Fitness at the 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:00pm "\$10,000 Mega Bingo Night" at the Officers' 5:00pm Cardio Kickboxing For	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
28	29	30	31		
11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style		

February 2002

February 2002							March 2002						
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17	18	19	20	21	22	23	17	18	19	20	21	22	23
24	25	26	27	28			24	25	26	27	28	29	30
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Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
				February 1	2
				11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall)
				3:45pm Swimming Class at the Physical Fitness	3
				5:00pm Cardio Kickboxing For more info. 532-3077.	2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
4	5	6	7	8	9
8:30am ACS Financial 11:45am Aerobic Class at the 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	8:30am ACS Financial Management Training 11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:30pm Water Fitness at the 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:00am Black History Month Luncheon. For more 11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:30pm Water Fitness at the 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 3:45pm Swimming Class at the Physical Fitness 5:00pm Cardio Kickboxing For more info. 532-3077.	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 10 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
11	12	13	14	15	16
9:00am Valentine's Day 11:45am Tax Update Seminars 11:45am Aerobic Class at the 3:45pm Swimming Class at 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western	11:45am Tax Update Seminars for more info. call 53 11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at 5:30pm Water Fitness at the 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:00am PICK UP Valentine's Day Balloon Bouquet 11:30am Valentine's Lunch 11:45am Aerobic Class at the 3:45pm Swimming Class at 5:30pm Water Fitness at the 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 3:45pm Swimming Class at the Physical Fitness 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Valentine's Dance For	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 17 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
18	19	20	21	22	23
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	11:00am Community Kids Carnival For more 6:00pm Lane Lounge at Lane 24 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
25	26	27	28		
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:00pm New Jersey Devils vs. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor		

March 2002

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Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
				March 1	2
				11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall)
				5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am Philadelphia Flower Show for more info. 2:00pm \$1.50 games at the
4	5	6	7	8	9
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
11	12	13	14	15	16
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
18	19	20	21	22	23
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	10:30am Atlantic City w/lunch and Tour at Renault 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 9:00am New York Knicks at Philadelphia 76ers for 2:00pm \$1.50 games at the
25	26	27	28	29	30
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
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April 2002

April 2002							May 2002						
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28	29	30					26	27	28	29	30	31	

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
April 1 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	2 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	3 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	4 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	5 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
8 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	9 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	10 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	12 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
15 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	16 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	17 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	18 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	19 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am New Hope Shopping Trip for more info. c 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
22 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	23 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	24 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	25 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	26 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
29 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	30 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information				

May 2002

May 2002							June 2002						
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26	27	28	29	30	31		23	24	25	26	27	28	29
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Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
		May 1	2	3	4
		11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
6	7	8	9	10	11
8:30am ACS Financial Management Training 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	8:30am ACS Financial Management Training 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am Bronx Zoo Adventure for more info. call 389 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
13	14	15	16	17	18
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
20	21	22	23	24	25
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:30am Journey to NYC Central Park for more 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
27	28	29	30	31	
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	

June 2002

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9	10	11	12	13	14	15	14	15	16	17	18	19	20
16	17	18	19	20	21	22	21	22	23	24	25	26	27
23	24	25	26	27	28	29	28	29	30	31			
30													

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
					June 1 8:00am Liberty State Park, Statue of Liberty & 6:00pm Lane Lounge at Lane
					2 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
3	4	5	6	7	8
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 3:30pm Broadway Show - "The Lion King" for 5:00pm Cardio Kickboxing For more info. 532-3077.	9:00am Philadelphia Zoo-America's First 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
10	11	12	13	14	15
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	Armed Forces Weekend 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor		6:00pm Lane Lounge at Lane Hall, bldg. 702. (La Armed Forces Weekend 2:00pm \$1.50 games at the Bowling Center. For
17	18	19	20	21	22
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
24	25	26	27	28	29
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am Longwood Gardens Fantasy Trip for more 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
					30

July 2002

July 2002							August 2002						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	31

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
July 1	2	3	4	5	6
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
8	9	10	11	12	13
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	Niagara Falls "Weekend of Wonder" for more info. call 389-0449 (H 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	6:00pm Lane Lounge at Lane Niagara Falls "Weekend of Wonder" for more info. call 389-0449 (H 2:00pm \$1.50 games at the Bowling Center. For
15	16	17	18	19	20
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am New York City Excursion for more 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
22	23	24	25	26	27
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am Hershey Park the Sweetest Place on 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
29	30	31			
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance			

August 2002

August 2002							September 2002						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7
4	5	6	7	8	9	10	8	9	10	11	12	13	14
11	12	13	14	15	16	17	15	16	17	18	19	20	21
18	19	20	21	22	23	24	22	23	24	25	26	27	28
25	26	27	28	29	30	31	29	30					

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
			August 1	2	3
			11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	9:00am Sesame Place - The Place You'll Always
			5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane
			6:30pm Okinawa Kenpo Style Karate for more infor		2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
5	6	7	8	9	10
8:30am ACS Financial Management Training	8:30am ACS Financial Management Training	11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	8:00am Baltimore National Aquarium and Inner
11:45am Aerobic Class at the	11:45am Aerobic Class at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane
5:00pm Cardio Kickboxing For	5:30pm Water Fitness at the Physical Fitness Ctr.	5:30pm Aerobic Class at the Physical Fitness Ctr.	6:30pm Okinawa Kenpo Style Karate for more infor		2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
5:30pm Aerobic Class at the	6:00pm Tuesday Night Bingo,	6:30pm Ballroom Dance			
6:30pm Country & Western					
6:30pm Okinawa Kenpo Style					
12	13	14	15	16	17
11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	9:00am New York City Excursion for more
5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane
5:30pm Aerobic Class at the	6:00pm Tuesday Night Bingo, for more information	5:30pm Aerobic Class at the Physical Fitness Ctr.	6:30pm Okinawa Kenpo Style Karate for more infor		2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
6:30pm Country & Western		6:30pm Ballroom Dance			
6:30pm Okinawa Kenpo Style					
19	20	21	22	23	24
11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall)
5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	
5:30pm Aerobic Class at the	6:00pm Tuesday Night Bingo, for more information	5:30pm Aerobic Class at the Physical Fitness Ctr.	6:30pm Okinawa Kenpo Style Karate for more infor		2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
6:30pm Country & Western		6:30pm Ballroom Dance			
6:30pm Okinawa Kenpo Style					
26	27	28	29	30	31
11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr.	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall)
5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077.	5:30pm Water Fitness at the Physical Fitness Ctr.	5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	
5:30pm Aerobic Class at the	6:00pm Tuesday Night Bingo, for more information	5:30pm Aerobic Class at the Physical Fitness Ctr.	6:30pm Okinawa Kenpo Style Karate for more infor		
6:30pm Country & Western		6:30pm Ballroom Dance			
6:30pm Okinawa Kenpo Style					

September 2002

September 2002							October 2002						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	6	7	8	9	10	11	12
8	9	10	11	12	13	14	13	14	15	16	17	18	19
15	16	17	18	19	20	21	20	21	22	23	24	25	26
22	23	24	25	26	27	28	27	28	29	30	31		
29	30												

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
					September 1 10:00am Brotherhood Winery & 2:00pm \$1.50 games at the
2 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	3 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	4 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	5 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	6 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	7 6:00pm Lane Lounge at Lane Hall, bldg. 702. (La 2:00pm \$1.50 games at the Bowling Center. For
9 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	10 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	12 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	13 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	14 6:00pm Lane Lounge at Lane Hall, bldg. 702. (La 2:00pm \$1.50 games at the Bowling Center. For
16 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	17 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	18 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	19 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	20 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	21 12:00pm San Gennaro Festival 6:00pm Lane Lounge at Lane 22 2:00pm \$1.50 games at the Bowling Center. For
23 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	24 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	25 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	26 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	27 11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	28 6:00pm Lane Lounge at Lane Hall, bldg. 702. (La 29 2:00pm \$1.50 games at the Bowling Center. For
30 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style					

October 2002

October 2002							November 2002						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
	October 1	2	3	4	
	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
	8	9	10	11	
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
14	15	16	17	18	
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	5:00pm Medieval Times Dinner Show (Holiday 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
21	22	23	24	25	
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
28	29	30	31		
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor		

November 2002

November 2002							December 2002						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	8	9	10	11	12	13	14
10	11	12	13	14	15	16	15	16	17	18	19	20	21
17	18	19	20	21	22	23	22	23	24	25	26	27	28
24	25	26	27	28	29	30	29	30	31				

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
				November 1	2
				11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall)
				5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
4	5	6	7	8	9
8:30am ACS Financial Management Training 11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	8:30am ACS Financial Management Training 11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
11	12	13	14	15	16
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am New York City Excursion for more 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
18	19	20	21	22	23
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	6:00pm Lane Lounge at Lane Hall, bldg. 702. (Lane Hall) 2:00pm \$1.50 games at the Bowling Center. For info. call 532-3805. (
25	26	27	28	29	30
11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo, for more information	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For more info. 532-3077. 5:30pm Aerobic Class at the Physical Fitness Ctr. 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style Karate for more infor	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-2848. (Physical 5:00pm Cardio Kickboxing For more info. 532-3077. (Community Ctr.)	9:00am Bronx Zoo Holiday Light Spectacular for 6:00pm Lane Lounge at Lane

December 2002

December 2002							January 2003						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28	29	30	31	

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
					December 1
					2:00pm \$1.50 games at the Bowling Center. For
2	3	4	5	6	7
11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	4:00pm "A Christmas Carol" at 6:00pm Lane Lounge at Lane 2:00pm \$1.50 games at the Bowling Center. For
9	10	11	12	13	14
11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the 4:00pm Radio City Music Hall 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	9:00am New York City 6:00pm Lane Lounge at Lane 15
16	17	18	19	20	21
11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. For info. call 532-28 5:00pm Cardio Kickboxing For more info. 532-3077.	6:00pm Lane Lounge at Lane Hall, bldg. 702. (La 22
23	24	25	26	27	28
11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,	11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Ballroom Dance	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:30pm Okinawa Kenpo Style	9:00am American Museum of Natural History & Hay 11:45am Aerobic Class at the Physical Fitness Ctr. 5:00pm Cardio Kickboxing For	6:00pm Lane Lounge at Lane Hall, bldg. 702. (La 29
30	31				
11:45am Aerobic Class at the 5:00pm Cardio Kickboxing For 5:30pm Aerobic Class at the 6:30pm Country & Western 6:30pm Okinawa Kenpo Style	11:45am Aerobic Class at the Physical Fitness Ctr. 5:30pm Water Fitness at the Physical Fitness Ctr. 6:00pm Tuesday Night Bingo,				