

**ACS FAMILY ADVOCACY PROGRAM
FY03 PREVENTION PLAN
Strategies**

VISION:

FAP will address issues related to child and spouse abuse within the context of a community-wide effort to promote safe and healthy children, families, and communities. FAP will contribute to Army outcomes of Community Cohesion, Safety, Self Sufficiency, and Personnel Preparedness

I. GOAL: Develop and implement services aimed at preventing child abuse that are positive and accessible to the community, target high-needs families at the lowest level, that are based on current research, Army outcomes, DOD directives, and local trends.

A. Objective: Provide New Parent Support services to at least 50 expectant parents

Strategies:

1. Provide briefing and distribute prenatal info packets at Langley OB enrollment (weekly)
2. Use AF Self-Screen to determine level of intervention for all expectant mothers (weekly)
 - a. Attempt telephone contact with all first-time parents and those screened as "high needs" to offer support services and refer to relevant classes/resources. Leave messages and send follow-up postcards for those screened as "low needs"
 - b. Develop MOU with Ft Eustis New Parent Support Program and Langley AFB Family Advocacy Program for home visits.
3. Provide Boots and Booties Program quarterly.
4. Market and support joint service and civilian resources, e.g., Resource Mothers, Riverside and Mary Immaculate classes, Healthy Families classes at Langley
5. Maintain e-mailing list for expectant & new parents listing resources, parenting articles, etc.
6. Continue cooperative efforts with joint military services.

C. Objective: Provide services to promote child safety, strengthen parenting skills, and reduce parental stress and isolation to at least 3000 individuals

Strategies:

1. Provide respite childcare (in conjunction with support services) for parents under stress
2. Offer Toddler Time playgroup - weekly
3. Offer parenting workshops/classes, e.g., "Single Parenting", 1-2-3 Magic, Deal with Back to School, Parenting Teen, e.g. at least quarterly
4. Offer Home Alone (latchkey) classes for school aged children (quarterly)
5. Provide child education classes, e.g., Self-Esteem, Dealing with Bullies, Good Touch – Bad Touch, e.g., weekly at CYD, SAS, and YS.
6. Provide Child Abuse Prevention Month/Month of the Military Child events (April)
 - a. Weekly parent workshops
 - b. Educational displays

7. Distribute (including email) updated calendar of local parenting classes (quarterly)
8. Coordinate services and share resources via joint service TRI-FAP working group (quarterly)
9. Sponsor 6th annual joint services Military Fatherhood Conference (Sept. 03)
10. Distribute FAP brochures & parenting information to Ft. Monroe Clinic, Child Development Center, and CAC
11. Provide classes and/or educational materials for parents and children on sexual abuse prevention
12. Participate in ICCET evaluation of CYS.
13. Organize a Ft. Monroe "Kid's Day". Promoting safe and healthy children, families, and communities. (annual)

II. GOAL: Create a community culture in which family violence is not a private matter, where neighbors report suspected abuse, and where domestic violence is seen as unacceptable.

A. Objective: At least 75% of Fort Monroe's population will be aware of family violence dynamics, reporting and treatment resources as a result of a year-round awareness campaign

Strategies:

1. Conduct Child Abuse Prevention Month (April) and Domestic Violence Prevention Month (Oct) community-wide awareness campaigns, including FAP prevention resources
2. Provide training on FAP policies and support resources at Newcomers Orientation (monthly)
3. Provide training on the FAP for Family Support Groups (upon request)
4. Provide training for community groups (upon request)
5. Widely distribute FAP brochures and related materials via email and phone, post newspaper, door-to-door distribution, public restrooms, housing manual, and outreach efforts, e.g., hospital, CYS, ACS
6. Wide distribution of new Command Policy letter on Family Advocacy. (Bi-yearly)
7. Provide regular reports to the Family Advocacy Committee (FAC) and Case Review Committee (CRC)
8. Ensure that 100% of installation and unit commanders are trained on FAP policies and procedures
9. Encourage command and unit leaders to use their leadership positions to speak out against violence, protect victims and support Case Review Committee recommendations
10. Train 100% of units on family violence awareness, reporting, and FAP resources

B. Objective: Provide education and support for at least 75 individuals/couples and prevent domestic violence by raising awareness, promoting counseling and education resources, and publicizing post policies and state laws pertaining to child safety and domestic violence

Strategies:

1. Provide Stress Management classes (quarterly)
2. Provide Conflict Resolution and Communication Skills workshops (upon request)
3. Provide Healthy Dating workshops for teenagers and single soldiers (coordinated with department)
4. Market/ make referrals to SWS Anger Management class and similar community classes
5. Coordinate with Post Chaplain and Langley AF Family Advocacy Program to provide resources and marriage enrichment classes, marital counseling, etc.
6. Distribute brochures about marriage support services to commanders and community

C. Objective: Ensure an effective, coordinated response for at least 20 victims of domestic violence

Strategies:

1. Continue to provide Spouse Abuse Victim Services by contractual relationship with Transitions Family Violence Services
2. Work toward local and Army policies that protect victims and encourage disclosure of abuse
3. Work toward reciprocal reporting procedures with civilian law enforcement agencies
4. Develop a Emergency Shelter SOP (depending on resources)
5. Work toward a new MOU with Hampton Department of Social Services

III. GOAL: Ensure FAP program credibility, accountability, effectiveness and efficiency

A. Objective: Promote a coordinated, effective response to family violence by training 100% professionals working in the FAP on family violence identification and reporting IAW regulation

Strategies:

1. Update installation FAP MOI (Oct. 03)
2. Improve the FAC membership and responsibilities. Use FAC to identify and address quality improvement issues.
3. Provide or coordinate training for all professional staff working in the FAP
 - a. Offer MP training - annually
 - b. Coordinate with SWS to ensure that medical staff are trained annually
 - c. Train staffs of OSJA, ASAP, CH, and ACS annually
 - d. Train CYS staff annually; offer additional training upon request
 - e. Coordinate with USACID to provide training to ensure coordination with SWS-FAP
4. Nominate Case Review Members for applicable FAST and FASTA courses
5. Ensure FAPM and SWS receive 30 hours professional development training IAW regulation
6. Ensure ACS-FAP staff receive 20 hours professional development training
7. Fund professional development training/resources for CRC member agencies as funds allow

J. Objective: Develop program outcome measures to evaluate program effectiveness

Strategies:

1. Conduct community needs assessment, survey, and/or focus groups to evaluate programs (Oct 03)
2. Conduct participant pre-test/post-tests for 75% of training/classes
3. Conduct participant evaluations for at least 75% of briefings
4. Conduct internal evaluation of ACS FAP (Jun 03)
5. Meet all requirements for FAP Accreditation (Feb 03)
6. Submit annual report to Department of Army (Oct 03)

C. Objective: Continue to work in partnership with installation, joint service and civilian community partners to offer Army families an array of high-quality services

Strategies:

1. Maintain MOUs/working relationships with joint service partners, e.g., TRI-FAP and TRI-NPS to offer coordinated classes and services, share resources, and ensure efficient procedures
2. Maintain MOUs/working relationships with civilian coordinating agencies, e.g., Newport News Healthy Families
3. Maintain MOUs/working relationship with Post Chaplain Chaplain for provision of prevention programs, e.g., couples counseling, Kid's Day, and parenting classes
4. Support all installation departments who share an interest in promoting safe and healthy families.