

Casemate



Egg-cellent

There was plenty of fun and celebration on post during Easter weekend.

..... Photos on Page 11

Vol. 26, No. 8

Published for the Community of Fort Monroe, VA

April 16, 2004

Child Abuse Prevention Month

"No one knew what was going on at home. They never suspected what we were going through."

Out of the Shadows

Exchange seeks to boost sales

BY PATRICK BUFFETT
CASEMATE STAFF WRITER

Describing recent sales figures as "disappointing," the Fort Monroe Post Exchange Manager is seeking customer feedback to shape her future inventory and, hopefully, bring more patrons into the store.

"I'm counting on customers to tell me what they want," Rita Sheridan said. "And I need them to be as specific as possible. Simply saying 'I want fishing gear' won't help; it's too general. I need them to tell me what items specifically they would actually come to the store and buy."

To promote the effort, the exchange staff installed a survey drop box in the front lobby this week. Customers can also email the store at sheridanr@aafes.com.

"I can assure everyone

See EXCHANGE, Page 3

Town Hall Meeting

Have issues you want addressed at the April 29 Town Hall Meeting? Fill out a comment card at www.monroe.army.mil.

What's Inside

Commander's Corner

There's plenty around post to feel pride in.

..... Page 2

Beat of many drums

Army Band holds clinic for local school-aged drumline.

..... Page 6

Index

Chaplain's Corner.....	2
MP Roll Call.....	5
News Clips.....	8
Sports & Health.....	12
Moat Notes.....	14
ACS Corner.....	15
Movie Schedule.....	15



Photo by Patricia Radcliffe

Former victim making most of her life

BY PATRICIA RADCLIFFE
CASEMATE STAFF WRITER

Amber is a petite, bubbly woman who can be seen at brunch, PT'ing or participating in dozens of other post activities. Although she spent the first 14 years of her life outside of the United States, she has adjusted well to this culture and goes about her daily pursuits seemingly in love with life.

This Fort Monroe family member's tale, however, has a dark side. Amber, whose real name was omitted to protect her identity, endured a childhood of neglect, cruelty and sexual abuse. She agreed to tell her story in hopes of helping others see the realities of child

abuse, and the Casemate is running this feature in recognition of child abuse prevention month.

Growing up in Amber's world, you would face severe punishment for any childhood infraction. "Once my sister found an orange that dropped off a neighbor's tree into my grandmother's yard and (she) picked it up and was eating it," Amber said. "My grandmother asked where she got it and my sister told her. Then she asked if my sister had gotten permission from the neighbor to

keep it. She said 'yes'.

"When my grandmother asked the neighbor about it, the neighbor said she hadn't asked, but it was no problem, she could have it. My grandmother got mad and took a hammer and beat my sister's hand."

Brian, Amber's father, was one of 15 children who were basically "raised on the street." Only four of the 15 children lived into adulthood. Amber said they had been hit by cars or met other untimely, preventable deaths.

At seven, Brian had to fend for him-

See ABUSE, Page 10

Columns & Commentary

Visit the Casemate online at www.monroe.army.mil/casemate

'Whether you live or work here, Fort Monroe is your home ... your community.'

Look around you ... feel the pride in our post

Look around you. That's my challenge to you as you're out and about on post over the next several days ... look around you.

There are few, if any, outdoor locations on this installation where an individual could not spot a structure of historical significance or the grand vista of our Chesapeake Bay and Mill Creek waterways.

Check out our historic brown brick homes and office buildings and the crepe myrtles just now coming into full bloom. These are just some of the things I think of when I describe Fort Monroe as a "world-class" installation.

Outsiders may dismiss this as a bit of commander's pride, but anyone who lives and works here would agree with me ... Fort Monroe is among the most beautiful joint service installations maintained by the Department of Defense.

Commander's Corner



Col. Perry D. Allmendinger
Garrison Commander

And thanks to a project we began in early March, our community is going to have a hand in making this THE most beautiful active-duty installation in the country.

Project Pride — which stresses "personal ownership" of post beautification — has gotten off to a good start with an assortment of ongoing programs ranging from Clean

Sweep Walks to an "Adopt-a-Spot" campaign. Some office groups are working out the details for an outdoor window flower box project inside the moat. One of our local teens vying for Eagle Scout assembled 20 volunteers and spent the better part of a weekend recently painting fire hydrants across post. Vacant lots where outdated quarters once stood have been raked clean and seeded to create open grass areas.

The momentum of the past several weeks was a great lead into one of our most important beautification efforts of the year — Spring Cleanup, scheduled for April 23 and 24. I'm encouraging every family member and every post employee to join our crusade for post beautification.

Participation in Spring Cleanup can be something simple — picking up trash around your building — or an

all-out team effort to clean windows, sweep sidewalks and plant flowers. Projects are only limited by you, your family or your office group's imagination. Our Self Help Store and Directorate of Public Works are standing by with advice and supplies to make your project work.

A Clean Sweep Walk — scheduled to begin at 11 a.m., April 20 at the post Fitness Center — will lead into Spring Cleanup weekend.

This too is your opportunity to play a part in this community effort, while getting a bit of refreshing exercise and enjoying our beautiful spring weather. An MWR prize or two may also be awarded to the first participants who show up for the walk.

These are just the first of many great community improvement projects to come. Larger efforts, like the repair of the gazebo at Continental

Park and rebuilding the piers along the seawall, are also ongoing or are about to get underway. The Yard of the Month competition among on-post residents is also about to begin, with the first round of judging scheduled for May 10.

I am counting on the enormous sense of caring and professionalism that exists in our community to make Project Pride a complete success, even as it continues through summer and fall and into our foreseeable future.

Whether you live or work here, Fort Monroe is your home ... your community. And it doesn't take much more than a simple glance in any direction to realize its true beauty or to feel the pride of ownership.

I want to thank you in advance for participating in the Clean Sweep Walk and Spring Cleanup weekend, and I welcome your new ideas for further post beautification programs.

'The Bible is one major way God speaks to us in our everyday lives'

Search the Bible to answer your questions

I have used the Internet since 1991 and cannot imagine what it would be like not to have it available. I've had my own Web page since 1997.

I know there is quite a bit of garbage on the Web and many bad things for people to get involved in, but you could say that about any large city. However, that would not keep you from going into that city, would it? You would probably just steer clear of the bad parts of the city.

Big cities also have lots of good characteristics, and you wouldn't want to miss out on them just because there are some bad ones out there.

There are good things to see and experience on the Internet too, and that's why I like it and use it so often.

One of the many reasons I

Chaplain's Corner



Maj. Barry White
Religious Support Resources Minister, IMA, Northeast Region

use the Internet is to help in preparing my sermons and preparing for a worship service. I can find all kinds of helpful sites such as Web pages specifically for pastors or ones that let me play hymn selections. This gives me an

opportunity to glean information concerning the biblical text I'm going to use or choose a hymn by first hearing it. I cannot always remember how a hymn is sung just by looking at the music, so the hymn sites really help.

I also enjoy the Internet because I can find information by using a search engine. It's not always instantaneous, but with a little patience I can usually find the information I'm looking for.

Very often you can hear me say in response to someone asking me a theological or biblical question, "Just a minute, let me look it up real quick on the Internet." I then can search sites that have vast amounts of information about church history, biblical history, theology and other areas of interest.

However, most of the time when I'm confronted with a question about faith for which I don't have the answer immediately available in memory, I go straight to the Bible. The Bible is like the Internet of spiritual matters. It has stories, theology, spiritual guidance, teachings and other helpful insights into life. It is where you can find all the answers to your questions about living life as a person of faith.

My wife and I have always considered the Bible to be our training manual when it came to raising our two sons, Matthew and Mark. It has also been our marriage manual and has never failed us.

God provided inspiration to various writers like David, John, Luke and Paul, who were guided by their relationship with Him when they

wrote. As they wrote, their writings were formed into the Holy Bible. The Bible is one major way God speaks to us in our everyday lives.

Even though the Internet is a great source of information, you cannot always trust the accuracy of the information you find there. However, you can trust what the Bible teaches as it is God's Word for us.

Perhaps you will seek help in answering all your questions about life and faith by doing a search — not on the Internet, but a search of your Bible.

I hope you'll take to heart these words from 2 Timothy 3:16: "All Scripture is inspired by God and profitable for teaching, for reproof, for correction and for training in righteousness."

Fort Monroe Editorial Staff

Commander Col. Perry D. Allmendinger
Public Affairs Officer Nancy Popejoy
Editor Patrick Buffett
Assistant Editor Patricia Radcliffe
Editorial assistant Tim Rafalski

The **CASEMATE**® Building 27, Fort Monroe, VA 23651-1032; (757) 788-3520/3208/3531; email: casemate@monroe.army.mil; or FAX (757) 788-2404; Casemate Online: <http://www.monroe.army.mil/casemate/>

Casemate

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of the Casemate are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army.

The editorial content of this publication is the responsibility of Fort Monroe Headquarters. Printed by Military Newspapers of Virginia, Inc., a private firm in no way connected with the the

U.S. Government under exclusive written contract with Headquarters, Fort Monroe. Printed circulation: 5,000.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the U.S. Army, or Military Newspapers of Virginia for the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected.

Military Newspapers of Virginia

Peninsula Office:

728 Blue Crab Road, Suite C
Newport News, VA 23606
(757) 596-0853/FAX (757) 596-1473

Norfolk Office:

2509 Walmer Avenue
Norfolk, VA 23513
(757) 857-1212/FAX (757) 853-1634

Healthy habit



Photo by Patrick Buffett

Ronald Pinkoski joins other youth of Fort Monroe's Child Development Center in a gardening project that will result in a batch of "home-grown" vegetables later this summer. The CDC project is an annual event, with the children caring for the plants throughout the growing process.

EXCHANGE (Continued from Page 1)

PX clears way for new vendors

that customer comments do make a difference," Sheridan said. The store recently added rental equipment for home carpet cleaning, for instance, as a result of customer requests. And, the Shoppette is now carrying a line of prepackaged sandwiches provided by Deli Fresh Foods, to give authorized AAFES users another dining option during lunch or after hours when other on-post food service facilities are closed.

"Of course, the key to maintaining or possibly expanding that service is actual patronage," Sheridan said. "The vendor is doing this on a trial basis. If it sells well, the service will continue with the possibility of even more items being added."

High-quality bedding sets were also added to the inventory recently, Sheridan said. And the exchange is maintaining its top-seller ... furniture.

"That's the one item we carry that makes our store unique," Sheridan said. "No other AAFES exchange on the peninsula carries furniture."

Recently relocating their furniture line to an area inside the store, the PX staff has cleared the way for new vendors to set up shop in the mall area at the front of the store. "That's another area where customers can tell us what they want," she said. "If there's a strong indication that a cer-

tain type of item will sell, vendors are more likely to find sales space at our store more attractive."

Customers should also keep military clothing sales in mind when providing input, Sheridan noted. John Outenreath, the manager of the MCSS said recent shortages in popular BDU sizes are being remedied, and a good variety of warm-weather BDUs are now available. He also encouraged patrons who foresee a future need for Army dress blues to shop early as this is the time of year those uniforms are in very short supply.

Getting back to "serving the best customers in the world," Sheridan said she hopes customers have noticed and appreciate the many

changes that have already occurred in the Shoppette area as well. "Again, this was a case where patrons gave us their ideas and we made them work," she said.

"The bottom line is that we realize we're not Langley or Eustis, but we're still just as committed to giving our customers what they want," Sheridan said. And she's quick to dispel any rumors that the exchange at Monroe is going away.

"Remember the AAFES commitment 'We Go Where You Go,'" she said. "Right now, we have more than 20 stores in Iraq. The goal is to provide a valuable service to our Soldiers and families. And, consistent patronage allows AAFES to make that service better and better."

AAFES support hailed by troops

FORT HOOD, Texas — Talk to any Soldier fresh back from Iraq and you will quickly hear how Army & Air Force Exchange Service contingency operations were critical to their morale.

At the onset of OIF, AAFES served troops in particularly dangerous areas with mobile operations dubbed Rodeos — basically a 5-ton truck filled with essentials. "AAFES' Rodeo service to Al Khalis did more for us than anything and was a big

morale lifter," said Staff Sgt. David G. Richmond, 588th Engineer Battalion, 4th Infantry Division, Fort Hood.

AAFES currently operates 56 contingency locations throughout (OIF/OEF). AAFES supports those in isolated and hostile areas with some 69 unit-run Imprest Fund stores. About 250 AAFES associates are working in Iraq. Another 137 associates work in Kuwait either at stores there or in support of OIF.

3x7 Pat. Henry Mall

3x7 USD of HR

'For Justice and Humanity, We Are Witnesses'

Holocaust survivor Beuer-Tajovsky to speak at 'Days of Remembrance'

A Holocaust survivor, painter and historian, Reinhold Beuer-Tajovsky will be the keynote speaker for Fort Monroe's "Days of Remembrance" — a program recalling Nazi Germany's systematic killing of Jews and other non-Aryan races before and during World War II — starting at 1:30 p.m., April 22, at the post theater.

The program will also include diary excerpts from Author Jacob Boas' book, "We Are Witnesses: Five Diaries of Teenagers Who Died in the Holocaust," performed by Fort Monroe Soldiers and community members.

This year's observance theme is "For Justice and Humanity, We Are Witnesses."

The observance is free to the public and tickets are not required.

"Days of Remembrance" is a Department of Army sponsored program for



Reinhold Beuer-Tajovsky
Holocaust Survivor

keeping alive the memory of Nazi Germany's annihilation of approximately six million people between 1933 and 1945. Under Adolph Hitler, Aryan supremacy taught that all Jews and others of non-Aryan descent were biologically inferior

and unworthy of life.

European Jews were the primary victims; gypsies, the handicapped, and Poles were also targeted. Millions more, including homosexuals, Jehovah's Witnesses, soviet prisoners of war, and political dissidents suffered grievous oppression and death.

Col. Perry D. Allmendinger, Fort Monroe garrison commander, said the observance would reflect upon the words of former President Franklin D. Roosevelt in his calling for the rescue of those being persecuted: "In the name of justice and humanity let all freedom people rally to this righteous undertaking."

A sign language interpreter will be on site.

For those desiring more information, contact the Fort Monroe Equal Opportunity Office at (757) 788-3784 or visit the Fort Monroe website at www.monroe.army.mil/monroe.



Photo by Patricia Radcliffe

Promoting Joint Transformation ...

Gen. Kevin P. Byrnes, TRADOC commander, delivers the keynote address at the start of AUSA Industry Day, April 13 at the Holiday Inn in Hampton. Driven by the theme "Joint Transformation - Industry Partners," the event included panel discussions about the Army's future force and joint experimentation.



Support Project Pride

Spring Cleanup, April 23 & 24
Offices desiring bulk delivery of topsoil, mulch, etc., should contact Self Help immediately at 788-4228.

6X7 KIA

MP Roll Call

The MP Roll Call is designed to provide a link between the Provost Marshal's office and the Fort Monroe community regarding law enforcement operations, services and crime statistics, and how operations and services combine with other Fort Monroe initiatives to keep the community safe daily. Call 788-2220 with any comments or concerns that need to be addressed. Detailed information concerning the fort's security posture will not be published.

PMO provides the following list of reminders to regulations concerning safe conduct of outdoor activities on Fort Monroe:

Motorcycles/mopeds/ power-assisted scooters

■ Personnel who live or work on Fort Monroe and desire to operate a motorcycle/moped on Fort Monroe must complete a certified Motorcycle Safety Course and must possess a valid driver's license.

■ Operators of these vehicles will not carry any other person unless it is equipped with an additional seat and foot pegs for that purpose.

■ Headphone, earphone or earplug use is prohibited while driving on Fort Monroe. This does not negate the requirement for wearing hearing protection when conditions or good judgment warrant its use or if it is required by safety regulations.

■ Subject vehicles will not be ridden more than two abreast.

■ Two motorcycles can be parked in a vehicle parking space.

■ Off-Road operation of trail bikes (motocross) and all-terrain vehicles (ATVs) is prohibited on Fort Monroe.

■ Electrically assisted or gas-powered bicycles and scooters are considered mopeds and cannot be driven by unlicensed drivers.

Jogging/Running

■ Subject activity is prohibited on roadways where sidewalks exist.

■ Where no sidewalks exist, run on the roadway, only against the flow of traffic on the extreme shoulder of the roadway.

■ During hours of darkness or limited visibility, at least one item of reflective clothing must be worn.

■ Is prohibited during periods of extreme limited visibility or unsafe roadway conditions, such as extreme rain or fog.

■ Headphones/earphones are prohibited while jogging except for along the seawall from the Bay Breeze Community Club to Chamberlin Hotel.

Recreational vehicle (RV) parking/storage

■ Boats and trailers, motor homes, campers and house and baggage trailers are considered RVs.

■ RV registration at the PMO is required if visiting Fort Monroe for more than 30 days.

■ Registered RVs may be parked or stored only in designated directorate of community and family activities (DCFA) storage locations, as space is avail-

able. Contact DCFA for availability and arrangements for RV storage.

■ RVs of visitors are authorized to temporarily park only in the Fort Monroe RV Park.

■ RVs may be parked in housing areas for up to 24 hours only for the purpose of cleaning, minor repair, preparing for or unloading from a trip. Authorized housing areas are only within driveways or adjacent to quarters authorized by the occupants, as long as such parking does not deny individuals access to their authorized vehicle spaces, create a traffic safety hazard or impede the flow of traffic.

■ The only authorized area to empty and flush sewage tanks is in the post RV Park designated area.

Changing of the guard

Operation Noble Eagle III is coming to an end this spring, and we thank the C Co., 1/116 Inf.

Soldiers who supported Fort Monroe's force protection efforts this past year.

New faces started manning the gates of Fort Monroe on April 12. These new faces are Civilian Contract Security Guards. They will be replacing the infantry Soldiers you used to see at the gates.

The new security guards are a part of the Alutiiq Security and Technology, LLC, and will be conducting access control. The Contract Security Guards will be seen only on the gates performing the same mission as C Co., 1/116 Inf.

These gentlemen should not be confused with Department of the Army Civilian Police who perform military police operations and law enforcement throughout the installation.

Look for an extended feature on the C Co., 1/116 Inf. troops going home in the April 30 edition of the Casemate.

4X10 Geico

2X2

2X2 Freedom

"I saw the movie 'Drumline' and thought we should have one."

Tevin Neal

Fifth grader who pitched the idea to his teacher, Susan Slaven

Post marches to the beat of many drums

BY PATRICIA RADCLIFFE
CASEMATE STAFF WRITER

Tah, tah, tah; thumpa, thumpa, thumpa; tah, tah, tah ...

The language of drummers may be difficult, if not impossible, for non-percussionists to understand. But for certain Chesterfield Academy (Norfolk) fifth-grade students, translating The U.S. Continental Army Band members' "singing" of drum sounds, was a breeze.

Nine kids, who compose the drumline from this science and technology magnet public school, attended a clinic with TUSCAB drummers Sgt. Jeff Wieck, Spc. Craig Bitterman and 1st Sgt. Mary Rauchfuss on post April 9.

"They were very enthusiastic. They just learned (the cadences), just like that. They were outstanding. They pick up things very quickly, and if they keep up with their instruction, they could go far," Wieck said.

The drumline was the brain child of fifth-grader Tevin Neal who has played drums in church since he was five. "I saw the movie 'Drumline' and thought we should have one," Neal said. So, he asked his music teacher,



Photo by Patricia Radcliffe

Sgt. Jeff Wieck and Spc. Craig Bitterman show drumline students of Chesterfield Academy a snazzy cadence where drummers hit their sticks in a cross pattern and then hit the sticks their neighbors. (l-r) The students are: Troy Wilkins, Izharay Clark, Khiry Jones, David Parham, Tevin Neal and Cole Norman.

Susan Slaven, if they could form one.

Slaven, who had been looking for a way to motivate her fifth-grade, over-age students, sprung into action. "I borrowed 12 drums from my (drum collector) husband, loaded them in the car and off we went. News spread throughout the fifth grade that Ms. Slaven had drums. Pretty soon I had nine students begging to start a real

drumline and offering to come in on their own time to practice. They came in and began their drumline.

"At the beginning of the year we were fortunate enough to have a paraprofessional who was a former NSU (Norfolk State University) drumline member. (He) was kind enough to work with the students on some awesome cadences. Unfortu-

nately, he left our school shortly thereafter, and there we were.

"I am a vocalist and saxophone player (prior Army O2L) and was suddenly faced with a motivated bunch of students who wanted to play drums. (By) now, the line was coming in three mornings a week to practice. I worked with them on the things that I could, but needed some assistance. As a former Army bandsman with a husband who, at the time, was the company commander of STUCO (school of music) I began to ask drummers for help," Slaven said.

At the suggestion of her husband, Capt. Mike Slaven (TRADOC DCSPIL), she contacted TUSCAB which often holds clinics at area schools.

So, armed with mallets and drum sticks donated by Drill Sgt. William Snow, USAESOM, and drum carriers made by Slaven's husband (because of the school system's budget constraints), the "professional feeling" drumline headed for the Fort Monroe clinic.

Wieck began the clinic with warm

See DRUMS, Page 9

3x7 Nextel

3x7 Busch Gardens

Bike rodeo stresses child safety

The Fort Monroe Provost Marshal's Office is hosting a Bike Rodeo/Ident-a-Kit event in the Community Activities Center parking lot on April 24 from 10 a.m. to 2 p.m. All members of the Fort Monroe community, young and old, are welcome to attend.

The rodeo is a hands-on bicycle safety event designed for pre-kindergarten through eighth grade. Participants navigate through a series of stations that test balance, steering, stopping, weaving, maneuvering and slow-speed control. Helmets are required for all participants. Prizes will be given to those who successfully complete all stations.

Registration is free. Participants living on post may also register their bicycles at the event.

Post vet clinic offers vaccinations

The Fort Monroe Veterinary Treatment Facility is hosting its next vaccination clinic April 22 and 23 from 9 to 11 a.m. and 1 to 3:30 p.m., at its old facility in Building T-191. Only vaccinations will be offered on these dates and times.

To make an appointment for either of these clinics, call 788-2623.

Events mark library week

A grand re-opening celebration and a puppet show are among the events the Fort Monroe Library has planned in recognition of National Library Week.

The post library's grand re-opening is scheduled for April 20 from 11 a.m. to 2 p.m. The event will highlight the many rebuilding and improvement projects stemming from hurricane

damage the facility experienced back in September. Chaplain (Lt. Col.) Wilbert Harrison, the post chaplain, will bless the renovated facility and library officials will unveil a historical marker that will forever remind patrons of the flood levels that decimated the building.

Local library officials are also hosting a puppet show for kids on April 21 beginning at 10 a.m., at the Community Activities Center. The event will feature the Wappadoodle Puppets.

For more information about either event, call 788-2909.

Monroe Town Hall meeting set

Col. Perry D. Allmendinger, garrison commander, will be the host at a community town hall meeting from 11 a.m. to 1 p.m. at the post theater April 29. Representatives from post directorates will participate.

Childcare is available at the Child Development Center (Bldg. 245) for those attending the meeting. There is no cost for care, but parents must make reservations by calling 788-5960 not later than April 26. Parents must provide proof of all required immunizations.

For more information, call Paul Heilman at 788-3737.

Marina puts boat up for auction

The Old Point Comfort Marina will be conducting a sealed bid sale for a 1983 Privateer — equipped with a 90-horsepower engine. It is being sold without a trailer.

The boat may be viewed at the marina, Build-

ing 207, McNair Road, between April 16 and 23 from 8 a.m. to 5 p.m.

The marina has also converted to spring hours of operation, which are Sunday through Saturday, 8 a.m. to 5 p.m.

For more information, call 788-4308.

Season pool passes now available

Early bird specials for the outdoor pool season are now available. Pool passes are good from Memorial Day through Labor Day. Cost is \$66 for an individual or \$100 for a family.

For more information, call 788-3301.

Yard of Month competition begins

The Fort Monroe Command Sergeant Major recently announced projected dates for Yard of the Month Competition judging.

They are: May 10, June 14, July 12, Aug. 9 and Sept. 13. Judges will evaluate overall cleanliness, lawn upkeep, and extras like shrub beds and gardens.

Lunch benefits Special Olympics

The Hampton Police Division will support Special Olympics Virginia by participating in a fundraiser at the Red Lobster restaurant, Mercury Boulevard, during lunch and dinner hours April 21 and 22.

"Cops and Lobsters" will feature local law enforcement personnel waiting tables and performing the duties of host and hostess for donations, which will be used for the annual Law Enforcement Torch Run.

The local torch run is part of a nationwide

See NEWS BRIEFS, Page 13

6X7 Opportunity

DRUMS (Continued from Page 6)*'They love what they do, and that's the best part.'*

up exercises and explained the necessity for them. Then, he listened to some cadences the students knew, including one they composed and choreographed.

"I was surprised that fifth graders added their own choreography," he said.

Although obviously pleased with the kids' performance, Wieck did not lose sight of one of the important aspects of the clinic – pointing them in a direction that would enhance their talents.

"I tried to emphasize learning to read music. They love what they do, and that is the best part. I suggested that they live, eat and breathe the rudiments. It will help them play cleanly and articulate (sounds) better. It (differentiates) an educated drummer from someone who only learns on his own," Weick said.

He said that learning "on your own" is not a bad thing and went on to tell how he started playing. Like Neal, he was five years old when he began.

"It's the thing that kept me out of trouble; it

kept me employed. I started when I was five and by seven, I was a mascot for (my brother's) marching band. I hung around with them all the time. I picked up the cadences and then I

started learning to read music because my mother was a piano teacher. It makes a difference because you may come

across a piece of music you can't memorize," Wieck said.

Smiles, outbursts of laughter and banging

on each others drums spoke of the cohesive spirit between Soldiers and students – all drummers. The nine

left with instruction, post coins, stickers and the joy that comes from meeting people who speak your language.

Visit us online at www.monroe.army.mil/casemate

5 X 12 Suncom



Photo by Patricia Radcliffe

David Parham focuses on the instructor while thumping out a beat on the tri-toms during TUSCAB's April 9 drum clinic.

ABUSE (Continued from Page 1)*'Worthless ... that's how I felt. I never felt I was ever good enough.'*

self. "He never went to school and could only sign his name. Yet, he was a very smart man. He built all the furniture in our home, did plumbing and even owned a couple of businesses," she said beaming with the pride of an adoring child.

Despite his talents, and business acumen, he began to drink and lost everything. Amber's mother, Carla, completed high school and would work nights in factories or other businesses owned by her family when Amber's father would not work or would vanish for weeks at a time.

Hitting close to home

Departing briefly from Amber's story, Maj. Evelyn Jackson, Chief of Social Work Services at McDonald Army Hospital, Fort Eustis, related Brian and Carla's home life to what any military member might experience – frequent, lengthy deployments; intense job stress; possible alcoholism; and rifts in a once-loving relationship.

"How the military parent deals with those situations is the concern," the major said. "The hope is that they seek counseling if it becomes too much to handle ... that they don't vent in unhealthy ways. And I'm not saying that hardships in the home are an automatic indicator of child abuse, but they can be a factor."

Unfortunately, there was no intervention in Amber's world, and, for whatever reason, various

forms of abuse became the accepted practice. "A lot of my cousins were sexually abused by uncles, grandfathers, cousins ... it was not unusual. In a third world country, women are still seen as less than human," Amber said.

Her first encounter was with a cousin when she was only six. "My father used to own a cab or bus service business and had a room with a lot of tires in it. I walked into that room one day and my cousin followed me in and locked the door."

He exposed himself and made advances toward her. "I screamed and screamed because I knew something was wrong. When my mother finally got the door open, I told her what happened. She didn't believe me. She said I made it up. How can a child that age make something like that up?" she said, showing frustration and disgust.

She escaped the potentially brutal encounter with her cousin, only to fall victim to her father later on. He began sexually molesting Amber when she was nine years old. "Me and one of my sisters told my mother who refused to believe us," she said. "I think she did not know how to handle what was happening to her children, so she tried to ignore it." Carla also began to drink and sometimes passed out from too much alcohol.

"A lot of my cousins were sexually abused by uncles, grandfathers, cousins ... it was not unusual. In a third-world country, women are still seen as less than human."

Amber

Victim of abuse and incest as a child

Living in denial

Amber said she suspects her mother's denial was partly due to the fact that she too had been a victim of physical abuse. "My brother showed me a picture of our mother when she was younger, and she had no teeth, they had been knocked out," Amber confided. "I don't know ... it may have been by my father."

Regardless of the reason Carla chose to turn a blind eye toward the horrors occurring in her own home, Eva Granville, Fort Monroe's Family Advocacy Program manager, said she was experiencing a reaction that's more common than most people think.

"Embarrassment ... not wanting to ruin the abusive spouse's career ... the

belief that everything will change when this or that problem goes away — whatever the reason, denial is pretty common across the board," Granville said. "What parents may not realize is that there are so many programs available to them through military channels and the

local community. And most, if not all, are completely confidential."

Despite her mother's denial, Amber refused to hold a grudge. "My mother gave me a lot. She would say, 'You have to have the patience of Job.' And, that kept me going."

Amber began first grade at age nine. Her father did not see the need for girls to have an education, so he wouldn't allow it for years. She excelled in school and her teachers

loved her. One of her fondest memories is of two teachers having a friendly "argument" over who would teach her the following year. Both wanted her as their student.

"No one knew what was going on at home or even that six children and two parents lived in a two-room house. We were always clean and our (school) uniforms were neatly pressed; we pressed them ourselves. And, our shoes were always clean. They never suspected what we were going through," she recalled.

Her father's abuse continued until she was able to leave her country just before she turned 15. Armed with a sixth-grade education, and knowing no English, she flew to the United States to work as a nanny for a

woman from her country. She received ill treatment from her employer and was sexually assaulted by the woman's live-in boy friend. After almost a year, she was given to an American woman to work as her housekeeper. Amber subsequently met a young man and became pregnant.

"I was scared because I didn't have much time (that) I could stay in this country. I was scared to go back to my family like that. The only way I could stay in this country was to get married. That's how I married my first husband. I was 16 and a half when I had my oldest."

Reliving the past

The ghosts of the past revisited Amber when her husband began

shoving her around. He would sometimes work and sometimes not, and there were times when the family went without food for a week. She was eight and a half months pregnant before she could afford to see a doctor.

"One day he came home and smacked the baby on the bottom and left a red mark shaped like his hand. I jumped him. She was 13 months old and I said if you smack her, you'd better already have your grave dug up. I couldn't have him doing that. I guess I was overprotective with the baby because no one was protective of me. So, I took the baby and left him," she said.

Amber's reaction was typical, according to Jackson. "She doesn't feel good about herself, but she feels for others. One might put oneself in a vulnerable position because she doesn't love herself. You have to love yourself first."

"Worthless ... that's how I felt. I never felt I was ever good enough. I always felt dirty. I was so mad that I was going to show them (my parents) that I was good enough. I was most angry at my father because he was

the one who sexually abused me the most," she said.

Yet, Amber, who once kept a large pin beneath her pillow to use as a weapon against her father, beat the odds. She taught herself English by reading newspapers, kept attending school and now holds an associ-

ates degree. Most importantly, she sought help. In her 20's, after two failed marriages, Amber sought psychiatric counseling.

Healing the pain

"Going to therapy is so important," she said emphatically. "I always wanted to be dead. I had such sadness for such a long time. I tried to commit suicide when I was 19. It was a dream of peace – I knew when I died, I would have peace."

"Counseling is the key," Jackson said. "Someone needs to step in and rebuild the abuse victim's self esteem. They need to be empowered. They want better, but often they don't have the skills or tools to obtain better."

If a moral is to be devised from Amber's story, it might be something simple like "seek help early," or "open communication is the key to good parenting." But those waiver dangerously close to overused catch phrases found in any family abuse brochure.

"Perhaps it's enough to say, 'you're not alone,'" Granville said. The post chaplains, family advocacy, your chain of command ... there are so many people in your military community who are willing to listen and do their best to find help before your situation gets out of hand."

"I'm not saying that hardships in the home are an automatic indicator of child abuse, but they can be a factor."

Maj. Evelyn Jackson

Chief of Social Work Services, McDonald Army Hospital

"The only way I could stay in this country was to get married. That's how I married my first husband, I was 16 and a half when I had my oldest."

Amber**GETTING HELP**

If you or anybody you know needs help in dealing with the pressures and problems that can lead or have already led to abuse, the following are some numbers you can call for help:

- Family Advocacy Program manager, Eva Granville – 788-3993
- Army Substance Abuse Program (ASAP) manager, Bruce McFadden – 788-3510
- Post chaplain, Lt. Col. Wilbert Harrison – 788-2611
- National child abuse hotline – 1-800-422-4453

Here are a few Web sites you can use to seek more information pertaining to child abuse and how to prevent it:

- Child abuse prevention – www.preventchildabuse.org
- National Association for Children of Alcoholics – www.nacoa.net



Chloe Brackens, 2, adds another oval-shaped treasure to her pail of goodies during the April 10 Easter Egg Hunt at the Community Activities Center.



Easter EGGcitement

Young Walter Wignet scurries across an open field looking for hidden treasures during the April 10 Easter Egg Hunt at the Community Activities Center. Among the plastic, candy-filled eggs were special golden eggs, which earned the finder an additional prize basket filled with toys and candy.



Michaela Messenger, 6, expresses her joy over April 10 festivities as she goes for a pony ride with the assistance of Gary Baldwin of Hampton's "Ponyland."



Mary Claire Miller, 2, receives a big hug from Winnie the Pooh, whose visit was made possible by Chapman's Magic Shop in Newport News.

Photos by Patrick Buffett



Worship in the wee hours

Above: Members of the Easter Sunrise Festival Choir join the congregation in the singing of a "Hymn of Triumph" during the Easter Sunrise Service April 11 at the Post Theater. Photo right: Chaplain (Col.) Steven E. Moon, IMA Northeast Region Chaplain, delivers his Easter message titled "I Am the Way."



Barracks baskets

Spc. Christopher Walter, left, 233rd Military Police Detachment, Sgt. Steven Galay, Department of Army Civilian Police, and Sgt. Eric Reid, 1st Battalion, 116th Infantry Regiment, were among the grateful recipients of baskets of Easter goodies donated by Fort Monroe's Directorate of Resource Management. "What started as a thank you to our (barracks) Soldiers after 9-11, turned into an annual Post DRM event," said Paulette Pickering of DRM.

Got any sports results?
Need to advertise an upcoming event?
Give us a call at 788-3208 or e-mail casemate@monroe.army.mil.



SPORTS CALENDAR

Futures golf tourney

The Futures Center is hosting a golf tournament April 30 at The Pines Golf Course in Fort Eustis. Entry deadline is April 23.

The format is captain's choice — teams will be flighted after play is completed — and the cost is \$35 per person, \$22 for Pines GC members.

The tournament will have an 8 a.m. shotgun start, and free range balls will be available at 7.

The entry will also include fried chicken and refreshments.

For more information or to enter, contact Rick Parker at 788-2762.

Brickyard contest

Army MWR is teaming up with Miller Brewing Company to sponsor the "Brickyard 400 Sweepstakes," which will include hundreds of instant-win prizes and the opportunity to win one of four all-expense paid grand-prize trips to the Brickyard 400 in Indianapolis.

From April 1 through June 30, patrons can enter by visiting a MWR food and beverage facility and making a purchase. Fort Monroe MWR facilities participating in the sweepstakes include the Old Point Comfort Marina, Thumper's Restaurant,

the Bowling Center and Bay Breeze Community Center.

For more info, visit www.monroemwr.com/brickyard.htm.

Camp registration

Registration for Summer Camp will be held April 26 through 30. Camp Summerfun is for children who have completed grades 1 through 5, and Camp X-treme for grades 6 through 8.

Camp registration will be held at the Community Activities Center, Building 221, from 8 a.m. to 5:30 p.m.

The program is open to all military and DoD civilian dependents. Registration for personnel assigned to Fort Monroe will be held April 26 and 27. Open registration will be April 28-30.

Summer camp begins June 21 and concludes Sept. 3. Hours are 7 a.m. to 5:30 p.m., Monday through Friday. A half-day option is available for Camp X-treme only.

The cost for camp will be based on total family income. Fees for Camp Summerfun range from \$38 to \$93 per week; Camp X-Treme \$18 to \$72 per week. A 10-percent discount for additional children will be offered.

Call Donna Ballance for questions pertaining to Camp Summerfun and Sara Gray for Camp X-Treme at 788-3957.

Tides Military Night

The Norfolk Tides will host Military Appreciation Night at Harbor Park on May 14. The game starts at 7:15 p.m., but pre-game celebrations begin when the gates open at 6.

Included will be military musical performances, a Coast Guard helicopter assault team demonstration and an Air Force flyover. The Marine Corps will sponsor a chin-up challenge, while local sponsors will give away prizes during the game. A fireworks display will follow the game.

General admission seats are specially priced at \$5 for active duty military, reservists, military retirees and DoD civilians presenting a valid military ID card.

For more information, call the Tides' front office at 622-2222.

'Get Fired Up' run

The 15th annual Get Fired Up For Fitness one-mile run and fun walk at Alanton Elementary School is scheduled for April 25. There will be separate boys and girls age groups ranging from 6 and under to 18 and over. The girls race will start at 1:30 p.m., the boys at 2 and the fun walk at 2:20. The cost is \$10 per person, or \$8 each for a family of three or more. For more information, call Kelley Ross at 963-2267.

Playing in the dirt



Photos by Patrick Buffett

Both Brig. Gen. Stephen Collins, above, and post Command Sgt. Maj. David Williams, below, kissed terra firma during an eventful Stars vs. Stripes game April 2. The Stars won the contest 9-6, giving them a 3-0 record over the Stripes. Each team is comprised of the top two officer and enlisted ranks, respectively.



3X6 Fran's Florist

Visit us online at
www.monroe.army.mil/casemate

3x5 Thomas

NEWS CLIPS (Continued from Page 8)*Library Grand Reopening, April 20, 11 a.m.*

series of relay runs by law enforcement officers to increase public awareness and raise funds for Special Olympic.

Army Ball tickets available April 19

Celebrate the Army's 229th birthday with a fun-filled evening of dinner, entertainment and dancing. The 2004 Army Birthday Ball is scheduled for June 19 at the Washington Hilton and Towers Hotel in Washington, D.C.

All Army Soldiers, civilians, family members, contractors, retirees, veterans, and their

guests are invited.

Tickets for the event go on sale April 19. A limited number of discount tickets are available for lower ranks up to staff sergeant and GS-7 civilian.

For more information, visit Army Knowledge Online at www.us.army.mil and follow the link to the Army Ball.

Orientation focuses on home child care

Do you want a fulfilling job that also allows you to stay at home with your children? Or maybe you'd like to earn some extra income.

Family Child Care might be the answer. Fort Monroe Child and Youth Services is conducting a Family Child Care Orientation Class on May 3 from 1 to 2:30 p.m., at Modular #3, the School Age and Child Development Center hourly care building.

Reservations for the class are encouraged. For more information, call 788-2698.

15th annual walk benefits MS victims

The National Multiple Sclerosis Society is hosting its 15th Annual MS Walk April 17 and 18 at locations north and south of the Hampton Roads Bridge

Tunnel.

Competitors will gather at Anderson Fieldhouse on Fort Eustis for the April 17 event. The following day, competitors will meet at the 25th Street Park, Virginia Beach Oceanfront. Both events begin at 9 a.m.

Proceeds from these events go to the Hampton Roads Chapter of the Multiple Sclerosis Society for education, advocacy and research, as well as programs to enhance the quality of life for MS victims.

For more information, call 490-9627.

JFCOM hosts architecture conference

Elements of Joint Forces Command and the TRADOC Futures Center will co-host a Joint Community Tidewater Architecture Conference May 4 through 6 at the Greenbrier Holiday Inn in Chesapeake.

The conference will focus on how combatant command, services and agency architectures can support Transformation and joint interoperability.

For an agenda or to register, contact Laine Beckwith at 788-2204 or Kenneth Vigil at 788-3629.



Photo by Patricia Radcliffe

Gazebo under repair ...

(l-r) Mark Hobgood of Tesoro Corporation, John Waller and Allan Tauchen of Waller Construction place roof supports and remove columns of the gazebo at Continental Park recently. New windows, hand rails, electrical system, steel supports with fiberglass columns (identical to the former wooden ones) are part of the renovation, which is scheduled for completion by mid-May.

Myth of the Month**April**

Alcohol Awareness Month

MYTH: All teenagers will drink at some point, no matter how hard we try to stop them.

FACT: Although underage drinking is a serious problem, 81 percent of adolescents ages 12 to 17 have chosen not to drink in the past year.

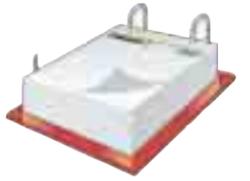
6x7 Va. Arts Festival

Moat Notes

UPCOMING SPOTLIGHT EVENTS

Clean Sweep Walk..... April 20	PMO Bike Rodeo..... April 24
Holocaust Observance..... April 22	Camp Registration begins..... April 26
Post Yard Sale..... April 24	Town Hall Meeting..... April 29

For more on these and other upcoming events, see complete calendar below or other stories and briefs in this issue.



April 16

Get your kicks on Route 66

The American Theater in Phoebus presents a high-octane musical comedy, which takes you on a nostalgic musical journey down America's Main Street — Route 66.

Featuring popular hits like "King of the Road" and "Little Old Lady from Pasadena," this April 16 Springer Theatre production will warm your heart while bringing back many fond memories of days and trips gone by.

Tickets are \$22.50 or \$27.50 depending on location. Call 722-2787.

'Artists Who Teach' exhibit

Enjoy the work of local art teachers from across the region during the American Theater's "Artists Who Teach Exhibition." Media includes work in glass, silver, painting and photography.

Gallery hours are Tuesday through Friday, 10 a.m. to 6 p.m.; and weekends from 1 to 5 p.m.

April 17

Ntelos job fair

An employment fair to hire seasonal amphitheater workers for the 2004 concert season at Ntelos Pavilion Harbor Center will be held April 17 from 9 a.m. to 2 p.m., at 901 Crawford Street, next to City Hall in Portsmouth.

People looking for full- or part-time positions in administration, security, ticket takers and sellers, ushers, food handlers, food servers, production, maintenance, parking directors and other jobs are invited to apply in person. Due to the heavy volume of anticipated response to this opportunity, no phone calls will be accepted.

Civil War Homefront

From 10 a.m. to 4 p.m. on April 17, encampments, re-enactors, demonstrations and crafts will transport visitors of Lee Hall Mansion to the Civil War years. Guests can meet civilians and soldiers, learn of period fashion and enjoy the storytellers as they weave tales of life in the 1860s.

The program is included in regular admission, which is \$5 for adults, \$4 for seniors and \$3 for children ages 7 to 18.

For more information, call 888-3371 or visit www.leehall.org.

Cabaret star to perform

Ute Lemper, international cabaret star of stage and screen, will be performing at the American Theatre in Norfolk on April 17 at 8 p.m. Tickets cost \$30 and can be purchased by calling 722-2787 or visiting www.theamericantheatre.com.

April 18

Watermen 'In their Own Words'

The Waterman's Museum in Yorktown, in cooperation with the Celebrate Yorktown Committee, will present the last of three programs of Watermen "In Their Own Words" on April 18 at 2 p.m. at York Hall.

The program will discuss how seafood gets from the water to the consumer's plate, and how

Family Fashion



Photo by Patricia Radcliffe

Olivia Stephens, 2, skips along with her mother, Stephanie, during the Fort Monroe Youth Services' Family in Fashion Show on April 4 at the Bay Breeze Community Center.

the Watermen may be working the water in the future. Admission is free but seating is limited. Call 887-2641 for reservations.

April 20

Early bird walks

Hoffler Creek Wildlife Preserve is hosting early-morning bird walks April 20 and 24. The two-hour walks will begin at 8 a.m., and registration is not required. Binoculars and field guides will be available to check out.

For more information, call 398-9151 or visit www.hofflercreek.org.

April 22

Child's play workshop

"The Art and Science of Playing with Young Children" is the title of a workshop being presented by Virginia Cooperative Extension April 22 at the Main Street Library in Newport News.

According to extension agent Johanna Hahn, child care providers will learn how to encourage play and what their role is when children are playing.

For more info and registration, call 591-4838.

Cheryl Wheeler in concert

Mary Chapin Carpenter, Garth Brooks and Suzy Bogguss have all performed her songs. Bette Midler praised her on national television. Now area audiences can see and hear what others find so special about Cheryl Wheeler when she performs on the stage of the Williamsburg Library Theater on April 22 at 7:30 p.m.

Tickets are \$14 for adults, \$12 for students with ID, and \$6 for youth under 16. For more information, call 259-4070.

April 23

Catch spring fever

Catch spring fever at the 8th annual Downtown Hampton In-Water Boat Show April 23 through 25 at the downtown Hampton public piers. Show hours are from noon to 7 p.m. on Friday, 10 a.m. to 7 p.m. on Saturday and 11 a.m. to 5 p.m. on Sunday.

The show features a wide range of makes and models including pleasure, fishing, offshore and sail boats. In addition, a variety of seminars and product demonstrations will be conducted on site.

The event is free and open to the public. Food and beverages will be available for purchase. For more information, call 727-1276.

April 24

Post yard sale

A post-wide yard sale will be held April 24 from 9 a.m. to 2 p.m.

The Thrift Shop will be open that day and two groups of office workers will have setups on the parade field to sell their items for charity.

Yard sale permits (one per household) and tables cost \$5 and are available at outdoor recreation.

For more information, call Jennifer Pilkinton at 788-4305.

Spring tasting tour

Naturalist and author Vickie Shufer will be at Hoffler Creek Wildlife Preserve on April 24 to fill her salad bowl while leading visitors around the mile-long lake trail. At the end of the tour, participants will enjoy a fresh salad of wild foods gathered during the two-hour interpretive tour.

The first walk will begin at 10 a.m. at the Education Pavilion. If needed, a second walk will start at 1 p.m.

A \$5 donation is requested but not required. The tours will be limited to 20 people per session.

To register, call 398-9151 or e-mail hofflercreek@hofflercreek.org.

Military history exhibit

The Virginia War Museum will be hosting the "Company of Military Historians" exhibit April 24 at 1 p.m. Founded in 1949, the Company is a nonprofit organization of historians with a primary interest in military material culturally related to the Americas.

The museum is open Monday and Wednesday through Saturday from 9 a.m. to 5 p.m., and Sunday from 1 to 5 p.m. Admission is \$5 for adults, \$4 for seniors and \$3 for children ages 7 to 18.

See NOTES, Page 16

Child abuse awareness

During the month of April, there will be a blue ribbon campaign to raise awareness to the issues of child abuse and neglect in Hampton.

In the spring of 1989, a Virginia grandmother began the blue ribbon campaign as a tribute to her grandson. The three year-old died at the hands of his mother's abusive boyfriend.

Since that time, concerned citizens all over the country have worn the blue ribbon as a symbol of the need to prevent child abuse and neglect. Pick up your blue ribbon at the Soldier and Family Support Center, Qtrs. 1, 151 Bernard Road.

One major event held by the Hampton Child Protection Team, with the support of Fort Monroe, is the annual "Celebrity Luncheon." This year's luncheon will be hosted by Dick Lamb and the Breakfast Bunch from the 2WD 101.3 FM radio station. It will take place April 27 from 11 a.m. to 1:30 p.m. at the Omni Newport News Hotel.

If you would like to be a "celebrity waiter," attend the luncheon or make a donation to support the silent auction, please call Eva Granville, Family Advocacy Program Manager, at 788-3535/3878.

We encourage everyone to take part in the fight against child abuse and neglect, and hope Fort Monroe will be represented in large numbers at this worthwhile fundraiser.

Cell phone drive

An old cell phone drive, sponsored by Transitions - Family Violence Services and Girl Scouts Whitney Hendricks and Gabby Morrison from Troup 1419, is ongoing during the month of April.

If you have any old cell phones you would like to donate, please bring them to the Soldier and Family Support Center, Quarters #1.

All cell phones will be turned over to be reprogrammed with 911 services only and given to victims of domestic violence.

2004 AER Campaign

This year's AER Campaign kicked off on April 1. We are hoping to surpass last year's total donations of \$20,000.

If you need information or would like to make a donation, please call Beverly Nicholson, AER Coordinator, at 788-4132/3878.

Raising kids workshop

The Fort Monroe Family Advocacy Program will host the parent workshop "Raising Kids in an Unsafe World" April 21 from 4 to 5 p.m. at the Fort Monroe Fitness Center. Parents and children are welcome to attend.

The workshop will feature "The Yello Dyno Method" of child safety education developed by Jan Wagner. This award-winning, personal safety education system employs music and lyrics to teach children between the ages of 4 and 12 to protect themselves from child abuse, abduction, internet predators and other forms of social violence.

The workshop will educate parents about threats to their child's safety and show them tools to use to teach their children about personal safety. Additional information on Yello Dyno is available at www.yellodyno.com.

At the Movies

Showing at the Langley Air Force Base Theater

Friday, April 16

7 p.m. — Starsky & Hutch (PG-13)

Saturday, April 17

2 p.m. — Cody Banks 2 (PG-13)

7 p.m. — Hidalgo (PG-13)

Friday, April 23

7 p.m. — Secret Window (PG-13)

Saturday, April 24

2 p.m. — Dirty Dancing: Havana

Nights (PG-13)

7 p.m. — Spartan (R)

Adults \$2; Children 6-12 years old \$1.50; and Children under 6 free.

(If a child under 6 occupies a seat at a G-rated movie, admission is \$1.50.)

Special movie showings are available.

Contact John Low at 766-1237 or

LowJ@aafes.com for details.

To register for the workshop or obtain additional information, contact Anne Shanks, Family Advocacy Program Educational Specialist, at 788-3511/3878 or shanksap@monroe.army.mil.

Escape School

The Soldier and Family Support Center invites you to attend the nationally-acclaimed Escape School Child Abduction Prevention program April 29 from 4 to 5 p.m. at the Fort Monroe Fitness Center.

This presentation provides potentially life-saving information for both children and adults in an entertaining, non-threatening manner. The free pro-

gram warns parents and children of common kidnapper tricks, such as using pets as lures or asking children for directions. It teaches escape tactics that children can use if trapped in a vehicle's interior or trunk, and ways children can attract attention if they are imprisoned in an apartment or house.

Escape School programs are sponsored by Kellum and Smith & Williams Funeral Homes of the Dignity Memorial network. Additional information about the Escape School is available at www.escapeschool.com.

To register to attend this Child Abduction Prevention program or obtain additional information, contact Shanks.

3X10 USAA

3 X 3.5 Maid Brigade

NOTES (Continued from Page 14)

To submit a Moat Note, e-mail casemate@monroe.army.mil

Military appreciation days

The Virginia Air & Space Center will be hosting three different FREE-dom Days for Military Families over the coming months.

The Navy/Coast Guard days will be April 24 and 25, Langley Air Force Base Days are May 1 and 2 and Army/Marine Days will be June 5 and 6.

Active-duty military, spouses and dependents will need a military ID to participate in the free days, which will include free exhibit admission, activities for kids, motion simulator rides and carousel rides. There will also be discounts on IMAX admission and 10 percent off the "Imagination Station — One Stop Science Shop."

For more information, call 727-0900 or visit www.vasc.org.

April 27

SPCA Pet Park Exhibit

The Children's Museum of Virginia will be hosting the SPCA's Pet Park Exhibit on April 27 from 10:30 a.m. to 12:30 p.m.

Among the animal exhibits will be roller-skating parrots, a puzzle-solving African Grey and a Cockatoo that plays dead.

Admission is \$6 per person, and children under age 2 are free.

April 28

MWR Expo nearing

MWR activities will show programs and available resources at the Bay Breeze Community Center on April 28, from 10 a.m. to 7 p.m.

There will be exercise classes, pool class signups, arts and crafts, beer and wine tasting, Army lodging information and various static displays.

For more information, contact Maria Jackson at 788-3151.

May 1

Children's Festival of Friends

The 15th annual Children's Festival of Friends is scheduled for May 1 from 10 a.m. to 5 p.m. at the Newport News Park.

The festival will be filled with hands-on activities, rides, food, exhibits and entertainment. The attractions will fill ten theme pavilions, including: "Furry Friends" — pony rides and animal displays; "Creative Friends" — make-and-take crafts; "Playful Friends" — rides and clowns; "Funny Friends" — nationally-known children's entertainment; "Recreation for Friends" — active games; and "Food for Friends" — kids' favorite foods.

There will be a \$3 parking fee per vehicle. For more information, call 926-1400.

Revolutionary War History

Endview Plantation will be hosting "Revolutionary War Living History" on May 1 and 2. Saturday's events will run from 10 a.m. to 4 p.m., and Sunday's from 1 to 5 p.m.

The program will include period crafters at work, talks with re-enactors and living historians portraying the beginning of our nation. Re-enactors will also build a redoubt using period tools and methods.

The cost is included in the regular fee of \$5 for adults, \$4 for seniors and \$3 for children ages 7 to 18.

For more information, visit www.endview.org.

May 13

CCC 'Hawaiian Luau'

The Casemate Community Connection will be hosting a Hawaiian Luau on May 13 at the Bay Breeze Community Center.

The luau will start at 10:30 a.m., and a buffet lunch of Hawaiian cuisine will be served at 11:30 a.m. There will be hula dancing and other fun festivities.

CCC will also be installing its 2004-05 Executive Board, and bidding farewell to its current board.

The cost is \$10, and includes dessert and iced tea. For reservations, please call Barb Patterson at 223-7499 by May 9.

4 X 12 Verizon