



# Medical Moment of Truth

Rank, Name

Duty Title

Location

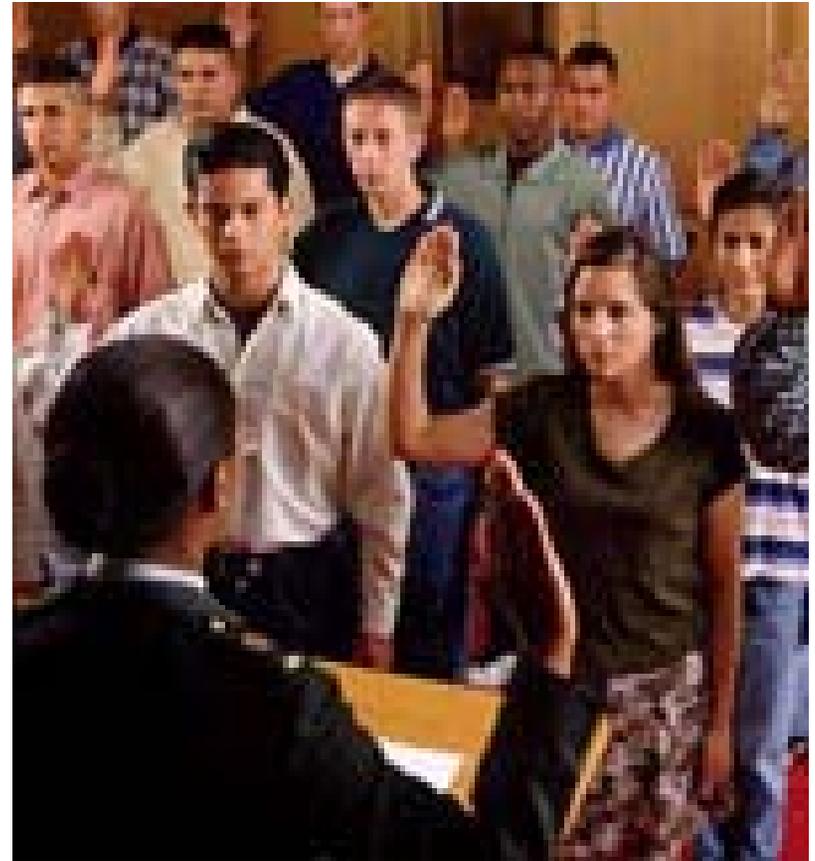


# Purpose

- ✓ To let us know of any medical conditions you may have that will cause serious harm or death to you once you've started your initial entry training
- ✓ To advise you of the most important action you can take to prevent most infectious illnesses

# You volunteered to defend the nation

- You joined The Army
- You want to realize your potential
- You want to change your life for the better
- You came to training



# Something happened during training.....

- Your family gets a visit by the chaplain
- Service member died in training
- Of a pre-existing medical condition
- A death that might have been prevented



# Failure to disclose medical conditions can be **DISASTROUS**

- Tell us if you have one of the medical conditions that the next two slides will describe.
- Even if you told us before, tell us again
- These conditions may kill you!
- With no warning, anytime!

# **Critical Medical Conditions that need evaluation at the clinic!**

- High Blood Pressure
- Heart Disease
- Asthma
- Seizures

# **Critical Medical Conditions that need evaluation at the TMC!**

- Placed on medication for a mental illness
- Diabetes
- Cancer
  
- **OR ANY OTHER SERIOUS MEDICAL  
CONDITION**

**Failure to disclose any of these medical conditions may result in **Serious Harm** or **Sudden Death** once you begin initial entry training.**

# If you have one of the conditions...

- See \_\_\_\_\_ about getting an evaluation at the Troop Medical Clinic (TMC)
- TMC will evaluate you.
- Tell TMC all you know about your condition so proper evaluation can be done.
- **Once cleared you may continue training**

# An Actual Incident...



- Soldier was negotiating the obstacle course
- Soldier knew he had heart disease.
- He never told anyone!

## An Actual Incident....

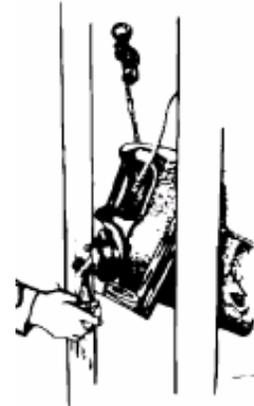
- **9:05** Soldier collapses on ground
- **9:07** Ambulance called
- **9:10** Ambulance arrives
- **9:20** Soldier arrives at Emergency Room
- **10:05** Soldier not responding to emergency medical procedures
- **10:35** Soldier pronounced dead despite all attempts to save his life.

**DONT LET THIS BE YOU!**

Think about your family, friends, Battle Buddy, and the rest of your unit

# The most important action you can take to avoid infectious illnesses --

- Clean your hands:
  - After using the latrine
  - Before touching food
  - After sneezing, blowing your nose or coughing into your hand
- Wash hands with soap and water if hands are oily or dirty
- Use hand-sanitizing gel if hands are not soiled and you can't use soap and water
- Keep hands away from eyes, nose, and mouth – and use hand-sanitizing gel after hand contact with your nose or mouth



**Wash and/or sanitize your hands regularly!**

# THIS!



# NOT THIS

